

From: TCMA webmaster@tcmalliance.org
Subject: Vital Signs 09-22-19
Date: September 22, 2019 at 10:12 PM
To: Kathy Kitchens Downie kathy.downie@me.com

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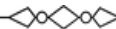
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WHAT'S COMING UP:

- [September 24 - Chic Ladies Event-RSVP](#)
- [September 25 - Book Club](#)
- [October 7 - Partners In Practice](#)
- [October 10-11 TMAA Regional Conference](#)
- [October 15 - General Meeting](#)
- [October 23 - Book Club](#)
- [October 27 - Toast To Doctors](#)
- [November 20 - Book Club](#)

Click on an event to read more!



CHIC LADIES





Beauty Brunch & Share



**Tuesday
September 24
10 am**

**Kerbey Lane Cafe
Westlake location
701 S. Capitol of TX Hwy 78746**

**Please bring a \$10-20 favorite
Beauty item for the Grab Bag.**

**We will also share our best
"Deals and Steals"
Shopping Online or
In-Store secret!**

**Please RSVP to Lara Norris
by Friday September 20th
at larisalee1968@aol.com**

Book Club Happenings

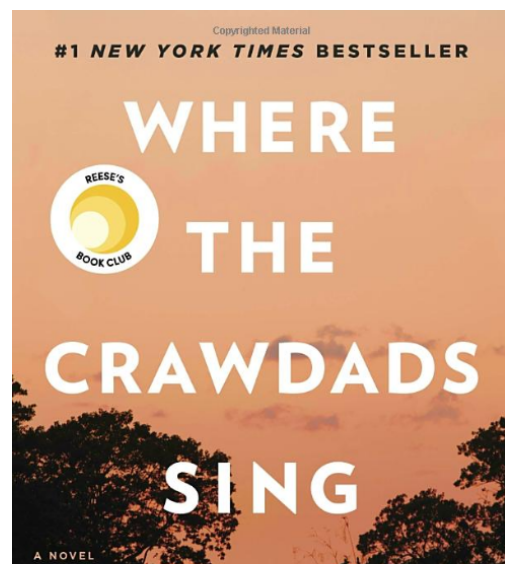
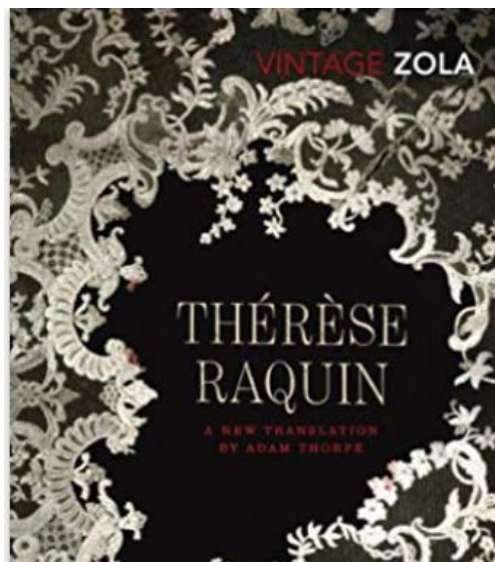
Join us to discuss the following selections:

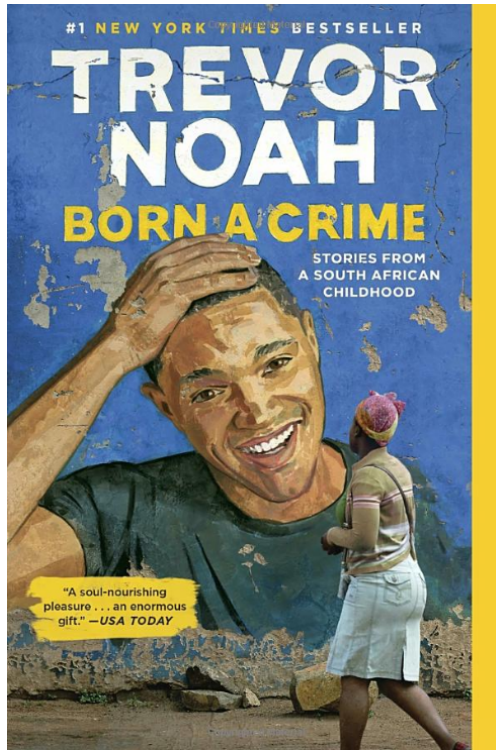
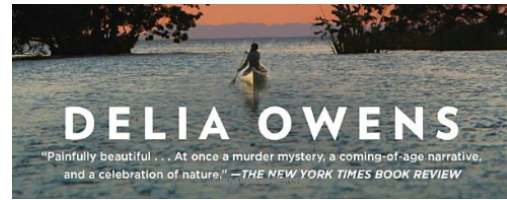
September 25: Pat Wallis will lead our discussion of *Therese Raquin* by Emile Zola. Please read the translation of your choice. Ann Morales will host.

October 23: Beth Schlecter will review *Born A Crime* by Trevor Noah. Martha Coons will host.

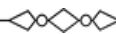
November 20: Kay McHorse will discuss *Where The Crawdads Sing* by Delia Owens. Peggy Russell will host.

All daytime meetings begin at 10am. All members and potential members are welcome. Please contact Kay McHorse at kmchorse8@gmail.com with questions.





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TCMAF Hispanic Nursing Scholarship

Dr. Roberto J. and Angiela "Annie" M. Bayardo established this scholarship through the Texas Medical Association Foundation Hispanic Nursing Trust Fund to provide support for Hispanic students with a financial need studying in preliminary BSN programs who ideally intend to



work in Texas for a minimum of one-year post-graduation. The scholarship is given to Hispanic entering freshmen enrolled in the School of Nursing who are U.S. citizens with a financial need.

Pictured with TCMA President

Wendy Propst are recipients Kylah

Cuellar & Migdalia Vazquez.



PARTNERS IN PRACTICE GROUP

meets

October 7th at 11:45am at
ebisu sushi restaurant

Please RSVP to director@treatpainnow.com

Topic is “hiring, firing and keeping your overhead low”



MAH JONGG

The Mah Jongg group began their fall schedule in early September, and will continue meeting the first and third Wednesday's of the month until the end of May 2020. We welcome new players, both experienced and beginners. An email is sent to the group before each play day with the date, time, and place. Please contact me if you would like to join the group and receive emails.

Thanks, Kathy Thorstad
kthorstad@austin.rr.com

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ALOE FOUNDATION UPDATE AND AUCTION

The Aloe Foundation was a 2019 TCMA Grant Recipient and has an upcoming fundraiser to continue support of their work. The Aloe Foundation has a full calendar this fall with wellness clinics at the Breast Cancer Resource Center, Safe, Camp Mabry, Ronald McDonald House and a special event at Saint Louise House. They look forward to sharing comfort, care and healing to those dealing with pain or trauma at each of their partner sites.

**Their online auction is open NOW to browse, bid and buy for goods in
the their biggest fundraiser of the year!**

You will find unique items at [Aloe Foundation's online auction](#) from local Austin businesses, ACL and other special event tickets, fun getaways and staycations, everyday necessities and much more! **Auction ends at 9:00pm Wednesday, September 25th.**

auction

Aloe Foundation

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TMAA Regional Conference

**October 10-11
Temple, Texas**



Thursday, October 10

6-9 pm: Welcome Reception at The Grove Kitchen + Gardens ([click for directions](#))

Friday, October 11

7-7:45 am: Walk With a Doc Info Session + Breakfast with Debra Heater,
TMA Division of Communication

8:30-9 am: Opening Remarks, Lisa Queralt, TMAA President

9-10 am: What's Your Super Power? Using the StrengthsFinder Assessment to
Take your Work and Team to the Next Level, Leslie Wang

10-11:30 am: Membership: Strategies, 2020 Campaign, Tutorials, Reports, &
More

11:30 am-12:30 pm: Networking Lunch Buffet

12:30-1:15 pm: Discover the Future of Artificial Intelligence, W. Cannon
Lewis II

1:15-2:15 pm: The Mission Matrix: A Powerful Framework for Decision-
Making, Leslie Wang

2:15-3 pm: The Power of the Legislative Relationship, Jenny Shepherd

Click [here](#) for details on registration, hotel reservations and more.



TCMA General Meeting

October 15

[Umlauf Sculpture Garden](#) 9:30am-12:00pm

9:30am Beginner yoga lesson for anyone who would like to participate

10am short meeting and docent tour of the garden

More details to come



Toast to Doctors

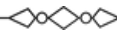
Come sample the amazing fusion of flavors at Loro, an Asian smokehouse and bar brought to you by James Beard Award winners, Chef [Tyson Cole](#) of [Uchi](#) and [Aaron Franklin](#) of [Franklin Barbecue](#).

When: Sunday, October 27, 2019 6p-9p

Where: Loro 2115 S Lamar Blvd

What: Toast to Doctors!

[Buy your tickets here!](#)



A PAPER DIRECTORY ...

...is coming early October...

IF you are a current paid member!

**Be sure your dues are up-to-date by contacting Pat Wallis
(patriciaawallis@gmail.com).**

**Only the names of current members will be IN the directory.
Don't miss out!**



Do you have news to share in Vital Signs?!

Please send in your news by 5 p.m. Fridays for that Sunday's Vital
Signs.

Email Kathy Downie at Kathy.downie@me.com .



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www.tcmalliance.org 

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