

From: TCMA patriciaawallis@pb02.ascendbywix.com
Subject: Vital Signs 01-17-21
Date: January 17, 2021 at 7:35 PM
To: Kathy Downie kathy.downie77@gmail.com



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What's Happening:

January 26 - Capitol Watch Happy Hour

January 27 - [Book Review](#)

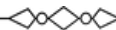
February 2 - First Tuesday at Capitol ([register now](#))

February 16 - General Meeting ([Buy Tickets Now](#))

March 2 - First Tuesday at the Capitol ([register now](#))

April 10 - Party with a Purpose

April 20 - General Meeting



Note from Christina Fenrich, TCMA President, and Julie Cowan, Advisor to the President

What a great start to 2021 the Alliance is experiencing! Our gala committee is moving forward with some creative party planning and many of our members have generously shared their time to volunteer at the TCMS/Code 4 COVID vaccination clinics benefitting healthcare workers. (See some pictures from the vaccine clinics below.) And next week, our TCMA and TCMAF Boards come back together for the first

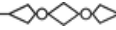
meetings of the new year. If not for our members generously giving of their time, none of our good work would happen.

We're still several weeks out, but it's not too soon to begin thinking about the February 16 general meeting. Lara Norris has lined up a flower arranging class for us that we know all will enjoy! While the class is hands-on, it will be taught virtually. This is a brilliant idea, and we look forward to seeing everyone's floral creations in February. It's important to read Lara's announcement below to register for the class because supplies must be ordered in advance and can be picked up by you or delivered.

We are very close to reaching our membership goal of 100% renewals and are even beginning to welcome back former members. If you haven't renewed, please check your email from Jan. 13. The TMAA sent you a specific reminder that makes it easy to renew!

We leave you with this thought to consider throughout the week: "Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom." – *Marcel Proust*





Party With a Purpose 2021

Smaller parties – same BIG purpose!

Would you & your spouse consider hosting?

As we begin a fresh new year, it's time for TCMA to plan for one of our favorite events – the annual Party With a Purpose!

Since we'll be continuing to focus on health safety this spring, we've decided to approach PWAP in a much different way this year. Rather than one big event, we'll be planning smaller parties at approximately 10 homes, all on the same evening. We have 5 TCMA members who have already graciously offered to host a gathering. Would you be interested in entertaining a group at your home? We would all be so grateful. You'd be helping TCMA continue our important mission of supporting our grant recipients, while also showing gratitude to our esteemed sponsors. Plus, it will be a much-welcomed opportunity for members to begin to connect in person again, in a safe environment

members to begin to connect in person again, in a safe environment.

The PWAP committee will make it as easy as possible to host!

- Saturday, April 10, 2020 – 6pm
- 10 people per home (including hosting couple)
- Outdoor area required to allow for social distancing (preferably covered – or with room for a tent)
- Unified theme
- Catering, beverages, décor, and event surprises provided by TCMA to make hosting simple
- Flexibility for you to plan what works best in your home
- Any expenses the hosts might occur, though not anticipated, can be considered donations to the TCMA Foundation and be itemized on 2021 taxes

Are you interested in being a host for this unique, 2021 version of PWAP?

For more information, please contact:

Lori Benold

2021 TCMA PWAP Chairperson

Cell: 361-813-0693

Email: lori.benold@gmail.com

TCMA 2021 PWAP Committee members:

Julie Cowan, Berenice Craig, Christina Fenrich, Patti Hernandez, Patty Loose, Lara Norris, Wendy Propst, Olguita Santiago, Jenny Stern, Janet Schneider



Capitol Watch Committee

Our next **virtual Happy Hour will be on
Tuesday, January 26 @ 4PM**

**We'll catch up on all the latest from the Capitol.
No need to read up— just join in the conversation!**

**Zoom link will be sent when you RSVP to Beth
O'Farrell, bofarrell21@gmail.com.**




General Meeting



**February 16
9:30 am**





**Join us on Zoom with
The Flower Social
& learn how to
make a professional
Floral Centerpiece!**

**The Flower Social has been
featured in Austin Monthly,
KXAN and Studio 512.**

**You can choose to
either pick up your
Floral Centerpiece Kit
at The Flower Social,
for \$40 on
Monday February 15th
between 11-5,
or choose to have your
Floral Centerpiece Kit
delivered to you for \$60.
Delivery will be
on February 14th or 15th.
(Only tools needed at home
are some scissors.)**

**The Flower Social
pick up address is:
5501 North Lamar Blvd. #A102
Austin TX 78751**

AUSTIN, TX / 2/3/21
(Enter through Succulent Native)

www.theflowersocialaustin.com

[Buy Tickets Here](#)

**Purchase tickets by Feb. 3
to reserve your spot.**

**Any questions please
e-mail Lara Norris at
larisalee1968@aol.com**



Party with a Purpose 2021



We're fixin' to round-up in safe, small groups this spring.
A mighty big yee-haw to our generous sponsors!



Gold Star

CLINICAL
PATHOLOGY
ASSOCIATES



Rising Star



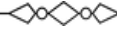
Christi & Kevin Bozic Family
Foundation

Bright Star



Eye Institute of Austin

Caring for the Eyes of Texans for Over 50 Years



Medical Affairs/Advocacy Update

****87th Legislative Session****

FIRST TUESDAYS

AT THE CAPITOL

Goes Virtual

Feb 2 * March 2 * April 6 * May 4

Participation in First Tuesdays has never been easier! No fighting morning rush hour traffic, no searching for a parking spot, no sore feet from hours on your feet! Simply register at texmed.org/FirstTuesdays/, FREE of charge, and join the webinar from the comfort of home or office. Learn from TMA's lobby team the issues important to medicine and actions you can take to make a difference.

**Contact Beth O'Farrell, VP Legislative
Affairs: bofarrell21@gmail.com**



2021 Membership Campaign Continues!

Please renew your Jan – Dec 2021 membership:
We just wouldn't be the same organization without YOU!

As reported at the Happy Holidays Event last week, the TCMA membership renewal process is going very well. **We are up to 90% renewals!** But that leaves 10% of us still to join. We want all of our dear friends to join us for a great 2021 year! This spring, alone, will include access to two general membership meetings, an invitation to Party with a Purpose, continued access to enrichment activities, and inside scoop from Medical Affairs on advocacy at the Capitol. (So important as the Legislature begins a new Session and COVID relief nears!)

Here are three ways to renew:

1. Online at [texmedalliance.org](https://www.texmedalliance.org) (Click *Join Now* in the top right-hand corner to take you to the TMAA form.)
2. By calling the TMA Knowledge Center at (800) 880-7955 (You'll talk with a live person who can help you find pertinent information to complete your registration. Have your credit card ready.)
3. By mailing a membership form and check to TMA Alliance, 401 W. 15th Street, Ste. 101, Austin, TX 78701 (A membership form can be found at https://www.texmedalliance.org/tmaimis/tmaa/assets/mshipforms/Travis_2021.pdf, printed out, and mailed along with your payment.)

Staff are on-call during regular business hours at the TMA Knowledge Center to help you identify your spouse's license number if you don't have it.

If you haven't renewed, you should have received an invoice from TMAA this week.

And finally, congratulations to Cindy Groves who won the stay in Park City!



TCMA Fund Drive 2020 Update

Thank you to Vickie Blumhagen for her work chairing the annual fund drive. And thank you to all our contributors (see below)!

Through her efforts and yours, we have raised \$16,700 to date. These dollars fund our own community service projects and our community service grant awards.

Foundational Believer (\$1,500+)

Sarah and Ernest Butler

Advanced Advocate (\$1,000 - \$1,499)

Austin Regional Clinic

Paul and Toni Burns

David Vander Straten

Mission-Driven Partner (\$500 - \$999)

Dr. Richard and Martha Coons (in honor of Ken Kroll, MD)

Rob and Julie Cowan (in honor of Christina Fenrich)

Berenice and Jason Craig

Christina and Arnold Fenrich

Bob and Lara Norris (in honor of all Healthcare Workers)

Tony and Wendy Propst

Richard and Susan Redfern

Carla and Byron Wilkenfeld

Compassionate Supporter (\$250 - \$499)

John and Shannon Abikhaled

Vickie and Guy Blumhagen

Hugh and Cathy Collins

Dr. and Mrs. Mark Crozier

Dr. Byron and Mary Darby

Dr. Robert and Karin Foster

Dr. Paul Harford and Sandra Dunn

Richard and Angela Helmer

Mark and Patti Hernandez

Elaine and Michael Kasper

Dr. and Mrs. Shannon Kratzer

Sharon and Grea Kronbera

David and Ann McFarland
Celia Neavel
David and Cindy Nelson
Kevin and Beth O'Farrell
Beth and Bob Schlechter
Phyllis W. Tate (in memory of Robert A. Tate, MD)

Trusted Friend (\$100 - \$249)

Dr. Brian J. and Danielle Allen
Patrick and Margene Beckham
Lori and Terrell Benold
Carolyn Biebas
Sean and Cindy Blaydon
Robert and Cheryl Butler
Jack and Jennifer Carsner
Gayle and Bubba Cullington
Ben and Kathy Downie
Dr. Elwood and Sue Eichler
Dr. and Mrs. Bob Frachtman
Dr. Lowell and Charlotte Haro
Deneitra Hutchinson
Karen and Stanley Kim
Patty and Ike Loose
Jeni and Gus Lowry
Kay and Tom McHorse
Shannon and Jeff McNeil
Dr. H.E. and Ann Morales
Dr. James and Cheryl Robinson
Christina Romain
Dr. Drew and Emy Lou Sawyer
Maryann and Brian Sayers
Adam and Janet Schneider
Lisa R. Stanley
Jenny Stern
Grace Tamesis (on behalf of Tamesis Allergy TX Center)
Michael and Karen Teneriello
Barbara Tindel (in memory of Dr. Jerry Tindel)
Kathy and Zoltan Trizna

Pat and Ted Wallis
Jan and Steve Wilson

ALLIANCE ARTS

[Alliance Arts](#), a TCMA Enrichment group focused on arts and education, will have in-person, socially distanced events Winter/Spring 2021. Please email Carrie Conner at carrieconnercpa@gmail.com if you want to participate.

Alliance Arts events may not be included in the TCMA newsletter because the maximum group size is generally limited to 10 participants due to COVID-19 restrictions, and have a shorter notice period. Therefore, if you want to participate with this fun new enrichment group, let Carrie know.

Fall Alliance Arts events included a tour of ACL Live downtown followed by lunch at Trace. We also enjoyed Yoga in the Umlauf Sculpture Garden and a stop at Biscuits and Groovy food truck. Both followed essential safety protocol and were an incredible time! I hope you will join us in 2021.



ACL Live Tour



Yoga in the Umlauf

Sculpture Garden



4300 North Lamar Boulevard Austin, TX 78756
512-206-1270

www.tcmalliance.org 

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