

**From:** TCMA patriciaawallis@pb02.ascendbywix.com  
**Subject:** Vital Signs 01-31-21  
**Date:** January 31, 2021 at 9:00 AM  
**To:** Kathy Kitchens Downie kathy.downie@me.com



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What's Happening:

**February 2 - First Tuesday at Capitol ([register now](#))**

**February 4 - Capitol Watch Happy Hour**

**February 16 - General Meeting ([Buy Tickets Now](#))**

**March 2 - First Tuesday at the Capitol ([register now](#))**

**April 10 - Party with a Purpose**

**April 20 - General Meeting**

**May 14 - [TMAF Virtual Gala](#)**



**Note from Christina  
Fenrich,  
TCMA President**



Congratulations to TCMS and Code 4 for another successful 3-day Covid-19 Vaccination Clinic. Thank you to the Alliance members who volunteered to help. We look forward to volunteering at the next two clinics in mid February.

Click on the link below to see the latest press release from TCMS, which includes mention of our volunteer work.



[\*\*Click Here for TCMS Press Release\*\*](#)

Have a wonderful week!  
Christina Fenrich



## **Proposed 2021/2022 TCMAF Executive Board**

I am pleased to announce the 2021/2022 slate of Executive Board members which will be presented for approval to the TCMAF general membership at the upcoming February 16th General Meeting. Thank you to each and every one of you who has agreed to stand up and serve. -Wendy Propst, *Parliamentarian*

President

President-elect

Secretary

Treasurer

Jenny Stern

Shannon McNeil

Amy Whited

Beth O'Farrell

Treasurer-elect	Verlaine MacClements
Communications	Karen Teneriello
Financial Development	Patty Hernandez
Financial Development-elect	Christina Romaine
Programs	Christi Dammert
Membership	Lori Benold
Membership-elect	Renee Stanley
Medical Affairs	Julie Cowan
Community Service	Deneitra Hutchinson
Community Service-elect	Elaine Agatson
Enrichment	Olguita Santiago
Parliamentarian	Christina Fenrich



## **Party With a Purpose 2021**

### **Smaller parties – same BIG purpose!**

### **Would you & your spouse consider hosting?**

Planning is well under way for this year's favorite Alliance event—the annual Party With a Purpose!

Since we're all about health and safety this spring, we've decided to approach PWAP in a much different way this year. Rather than one big event, we are planning smaller parties at approximately 10 homes, all on the same evening. We have a wonderful group of TCMA members who have already offered to host gatherings in their homes, but we could use a few more locations. Would you be interested in entertaining a group at your residence? Or perhaps would you like to co-host with another member? You'd assist the Alliance in making Central Texas healthier by supporting our grant recipients, while also showing gratitude to our generous sponsors. Plus, it will be a much-

welcomed opportunity for members to begin to connect in-person again, in a safe environment.

The PWAP committee will make it as easy as possible to host!

- Saturday, April 10, 2020 – 6pm
- 10 people per home (including hosting couple)
- Outdoor area required to allow for social distancing (preferably covered – or with room for a tent, should it be needed)
- Unified “Springtime in Texas” theme
- Catering, beverages, décor, and event surprises provided by TCMA to make hosting simple
- Flexibility for you to plan what works best in your home
- Option to co-host with another TCMA member
- Any expenses the hosts might occur, though not anticipated, can be considered

donations to the TCMA Foundation and be itemized on income taxes

**Intrigued? For more information, please contact:**

**Lori Benold**

**2021 TCMA PWAP Chairperson**

**Cell: 361-813-0693**

**Email: [lori.benold@gmail.com](mailto:lori.benold@gmail.com)**

TCMA 2021 PWAP Committee members:

Lori Benold, Julie Cowan, Berenice Craig, Christina Fenrich, Patti Hernandez, Patty Loose, Lara Norris, Wendy Propst, Olguita Santiago, Jenny Stern, Janet Schneider



**Capitol Watch**

Virtual

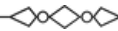
## Happy Hour

Tuesday, February 4 @ 4PM

Take a break and join us for the all-new, fun-focused  
**Capitol Watch Quiz** competition!

We'll also catch up on the latest at the "Lege" and talk about  
advocacy efforts.

Zoom link will be sent when you RSVP to Beth  
O'Farrell, [bofarrell21@gmail.com](mailto:bofarrell21@gmail.com).



# General Meeting



**February 16**  
**9:30 am**



**Join us on Zoom with  
The Flower Social  
& learn how to  
make a professional  
Floral Centerpiece!**

**The Flower Social has been  
featured in Austin Monthly,  
KXAN and Studio 512.**

**You can choose to  
either pick up your  
Floral Centerpiece Kit  
at The Flower Social,  
for \$40 on  
Monday February 15th  
between 11-5,  
or choose to have your  
Floral Centerpiece Kit  
delivered to you for \$60.  
Delivery will be  
on February 14th or 15th.  
(Only tools needed at home  
are some scissors.)**

**The Flower Social  
pick up address is:  
5501 North Lamar Blvd. #A102**

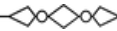
**Austin, TX 78751**  
**(Enter through Succulent Native)**

[www.theflowersocialaustin.com](http://www.theflowersocialaustin.com)

**Buy Tickets Here**

**Purchase tickets by Feb. 3**  
**to reserve your spot.**

**Any questions please**  
**e-mail Lara Norris at**  
[larisalee1968@aol.com](mailto:larisalee1968@aol.com)



## **Party with a Purpose 2021**



We're fixin' to round-up in safe, small groups this spring.  
A mighty big yee-haw to our generous sponsors!



**Gold Star**



**AUSTIN  
REGIONAL  
CLINIC**

**CLINICAL  
PATHOLOGY  
ASSOCIATES**



**Rising Star**



Christi & Kevin Bozic Family  
Foundation



Bright Star

**E**ye Institute of Austin  
Caring for the Eyes of Texans for Over 50 Years



## Medical Affairs/Advocacy Update

**\*\*87th Legislative Session\*\***

**FIRST TUESDAYS**

**AT THE CAPITOL**

**Goes Virtual**

**Feb 2 \* March 2 \* April 6 \* May 4**

Participation in First Tuesdays has never been easier! No fighting morning rush hour traffic, no searching for a parking spot, no sore feet from hours on your feet! Simply register at [texmed.org/FirstTuesdays/](http://texmed.org/FirstTuesdays/), FREE of charge, and join the webinar from the comfort of home or office. Learn from TMA's lobby team the issues important to medicine and actions you can take to make a difference.

**Contact Beth O'Farrell, VP Legislative  
Affairs: [bofarrell21@gmail.com](mailto:bofarrell21@gmail.com)**



**2021 Membership Campaign is at 97%**

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## Renewals!

*-Olguita Santiago (VP Membership) and Lori Benold (VP-elect Membership)*

One of President Christina Fenrich's goals this year was to have 100% membership renewals and to add new members to our organization. We are so close to 100% with 97% renewals! Thank YOU for being a part of the Alliance and strengthening the Family of Medicine in Travis County.

For those who have not renewed yet, please know that there is still time before our communication list is culled. The TMAA considers members delinquent March 31. But please don't wait until then. Renew today at [Travis\\_2021.pdf \(texmedalliance.org\)](#). Check your emails from Jan. 13 to see your personalized TMAA renewal notice that makes the process super easy.

Here's a task for all TCMA members: please go into Directory Spot and check to make sure your contact information and committee membership is updated. How do you get into Directory Spot, you ask? Visit [Membership Directory | Travis Cty Med All \(tcmalliance.org\)](#) to learn more. And we highly encourage you to download the Directory Spot app so you have your Alliance friends' contact info close at hand. If you have edits to your Directory Spot entry, please contact Membership Committee members Pat Wallis at [patriciaawallis@gmail.com](mailto:patriciaawallis@gmail.com) or Julie Cowan at [jscowan@aol.com](mailto:jscowan@aol.com).

If you have any questions or suggestions, please do not hesitate to contact us at [vp-membership@tcmalliance.org](mailto:vp-membership@tcmalliance.org) or [president@tcmalliance.org](mailto:president@tcmalliance.org).

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## TCMA Fund Drive 2020

Thank you to Vickie Blumhagen for her work chairing the annual fund

drive. And thank you to all our contributors!

**Click Here to see the full list of Fund Drive Donors**

## ALLIANCE ARTS

[Alliance Arts](#), a TCMA Enrichment group focused on arts and education, will have in-person, socially distanced events Winter/Spring 2021. Please email Carrie Conner at [carrieconnercpa@gmail.com](mailto:carrieconnercpa@gmail.com) if you want to participate.

Alliance Arts events may not be included in the TCMA newsletter because the maximum group size is generally limited to 10 participants due to COVID-19 restrictions, and have a shorter notice period. Therefore, if you want to participate with this fun new enrichment group, let Carrie know.

Fall Alliance Arts events included a tour of ACL Live downtown followed by lunch at Trace. We also enjoyed Yoga in the Umlauf Sculpture Garden and a stop at Biscuits and Groovy food truck. Both followed essential safety protocol and were an incredible time! I hope you will join us in 2021.





ACL Live Tour  
Sculpture Garden

Yoga in the Umlauf



4300 North Lamar Boulevard Austin, TX 78756  
512-206-1270

[www.tcmalliance.org](http://www.tcmalliance.org) 

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