

**From:** TCMA patriciaawallis@pb02.ascendbywix.com  
**Subject:** Vital Signs 02-07-21  
**Date:** February 7, 2021 at 8:00 PM  
**To:** Kathy Kitchens Downie kathy.downie@me.com



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What's Happening:

- February 16 - General Meeting (Zoom info below)**
- March 2 - First Tuesday at the Capitol ([register now](#))**
- April 10 - Party with a Purpose**
- April 20 - General Meeting**
- May 14 - [TMAF Virtual Gala](#)**



**Note from Christina  
Fenrich,  
TCMA President**



We're a week into February, and your Alliance is busy! Looking ahead to the next couple of weeks, we've got second dose COVID immunization clinics staffed by members scheduled and TCMA and TCMAF Board meetings on the calendar. At our Feb. 16 general meeting, in addition to a fun flower

our Feb. 10 general meeting, in addition to a fun flower arranging class, we'll vote on some important matters, including Bylaws changes and electing the 2021-22 Alliance Board. Please read your Vital Signs to learn more about those votes. We need a quorum at the meeting, so we hope we'll see you on Zoom!

Have a wonderful week!  
Christina Fenrich

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## Bylaws Changes

The TCMA Executive Board will be considering the following two proposals at the next board meeting on Tuesday, February 9. If approved by the Executive Board, the general membership will be asked to vote on these items at the general meeting on Tuesday, February 16, featuring The Flower Social. Please review the proposed amendments to the bylaws concerning virtual meetings and voting, and a proposed change in the TCMA dues structure. In addition, a vote to approve the proposed TCMAF 2021-2022 Executive Board will be held at this meeting.

### **Vote #1 – Proposed Bylaws Amendment**

To Article IX - Meetings:

A meeting of the Executive Board or any committee or council designated by the Executive Board or a general membership meeting may be held by means of a conference telephone or similar communications equipment, another suitable electronic communications system, including videoconferencing technology or the internet, or any combination of those means, as long as the system permits each person participating in the meeting to communicate with all other persons participating in the meeting. If voting is to take place at the meeting, every person voting by means of remote communications shall be sufficiently identified and a record of any vote or other action shall be kept.

A remote member vote on any matter may be conducted by mail, by facsimile transmission, by electronic message, or by any combination of those methods, in addition to the communication methods cited in the paragraph above.

### **Vote #2 - Membership Dues Change**

Dues for medical students and medical residents and their partners will

Dues for medical students and medical residents and their partners will be changed from \$18 to \$0, to follow the TMAA's structure, hoping to encourage membership from these groups.

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## Proposed 2021/2022 TCMAF Executive Board

I am pleased to announce the 2021/2022 slate of Executive Board members which will be presented for approval to the TCMAF general membership at the upcoming February 16th General Meeting. Thank you to each and every one of you who has agreed to stand up and serve. -Wendy Propst, *Parliamentarian*

President	Jenny Stern
President-elect	Shannon McNeil
Secretary	Amy Whited
Treasurer	Beth O'Farrell
Treasurer-elect	Verlaine MacClements
Communications	Karen Teneriello
Financial Development	Patty Hernandez
Financial Development-elect	Christina Romaine
Programs	Christi Dammert
Membership	Lori Benold
Membership-elect	Renee Stanley
Medical Affairs	Julie Cowan
Community Service	Deneitra Hutchinson
Community Service-elect	Elaine Agatson
Enrichment	Olguita Santiago
Parliamentarian	Christina Fenrich

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## Party With a Purpose 2021

## **Smaller parties – same BIG purpose!**

### **We may need even more hosts!**

The response by Alliance members and sponsors to our 2021 approach to Party With a Purpose has been so good that we're finding we may need more host homes than originally planned! **So.....we're still accepting hostess offers, as well as offers to co-host a gathering.**

Event re-cap: Since we're all about health and safety this spring, we've decided to approach PWAP in a much different way. Rather than one big event, we are planning smaller parties at physician homes in the Austin area, all on the same evening. We have a wonderful group of TCMA members who have already offered to host gatherings in their homes. These hosting couples will be helping the Alliance in making Central Texas healthier by supporting our grant recipients, while also showing gratitude to our generous sponsors. The small parties will be a much-welcomed opportunity for members to begin to connect in-person again, in a safe environment.

- Saturday, April 10, 2020 – 6pm
- 10 people per home (including hosting couple)
- Outdoor area required to allow for social distancing (preferably covered – or with room for a tent, should it be needed)
- Unified “Springtime in Texas” theme
- Catering, beverages, décor, and event surprises provided by TCMA to make hosting simple
- Flexibility for you to plan what works best in your home
- Option to co-host with another TCMA member
- Any expenses the hosts might occur, though not anticipated, can be considered donations to the TCMA Foundation and be itemized on income taxes

**For more information, please contact:**

**Lori Benold**  
**2021 TCMA PWAP Chairperson**  
**Cell: 361-813-0693**  
**Email: lori.benold@gmail.com**

TCMA 2021 PWAP Committee members:  
Lori Benold, Julie Cowan, Berenice Craig, Christina Fenrich, Patti Hernandez, Patty Loose, Lara Norris, Wendy Propst, Olguita Santiago, Jenny Stern, Janet Schneider

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# **General Meeting**



**February 16**  
**9:30 am**

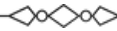




**Join the Zoom Meeting at this link:**  
<https://us02web.zoom.us/j/84632516551>

**Ticket sales have closed for the Flower Kits/Class for this meeting. However, you can still follow along on Zoom.**

**Any questions please  
e-mail Lara Norris at  
[larisalee1968@aol.com](mailto:larisalee1968@aol.com)**



## **Party with a Purpose 2021**



We're fixin' to round-up in safe, small groups this spring.  
A mighty big yee-haw to our generous sponsors!





**Gold Star**



**AUSTIN  
REGIONAL  
CLINIC**

**CLINICAL  
PATHOLOGY  
ASSOCIATES**



**Rising Star**



**Christi & Kevin Bozic Family**

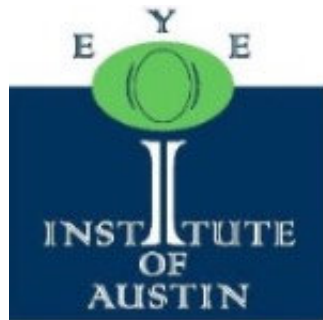


Foundation

The Sarah & Ernest Butler  
Family Foundation

Arnold and Christina Fenrich

Bright Star



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**Medical Affairs/Advocacy Update**

**\*\*87th Legislative Session\*\***

**FIRST TUESDAYS**

**AT THE CAPITOL**

**Goes Virtual**

**March 2 \* April 6 \* May 4**

Participation in First Tuesdays has never been easier! No fighting morning rush hour traffic, no searching for a parking spot, no sore feet from hours on your feet! Simply register at [texmed.org/FirstTuesdays/](http://texmed.org/FirstTuesdays/), FREE of charge, and join the webinar from the comfort of home or office. Learn from TMA's lobby team the



issues important to medicine and actions you can take to make a difference.

**Contact Beth O'Farrell, VP Legislative  
Affairs: [bofarrell21@gmail.com](mailto:bofarrell21@gmail.com)**

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## **CAPITOL WATCH**

### **ADVOCACY**

The 87th Legislative Session is still in its early stages, but it's never too soon to think about grassroots advocacy. David Wilhelm, Administrative Director of TMA's Division of Advocacy, shared the following list of nine easy steps you can take *now* to strengthen your relationship with your elected officials, so you're ready when things heat up:

1. Find out [who represents you](#).
2. Set up a virtual meeting with your legislator by contacting their capitol office.
  - \*Look [here](#) to find your state Senator's office contact information.
  - \*Look [here](#) to your state Representative's office contact information.
3. Add your legislators' contact information to your phone for easy use.
4. Follow your lawmakers on social media.
5. Review [TMA's legislative priorities](#).
6. Review [TMA's legislative one pages](#)

6. REVIEW [TMA's legislative one pages](#)

7. Participate in the next VIRTUAL [First Tuesdays at the Capitol](#) on March 2nd.

8. Read [TMA's Legislative News Hotline](#) in your daily Texas Medicine Today email.

9. Respond to Action Alerts when we need time sensitive help contacting legislators. Action Alerts are posted in our Grassroots Action Center. You'll receive them via email and can respond right from your phone via [VoterVoice app](#).

Bookmark this TMA webpage and follow our efforts throughout the session: [www.texmed.org/legislature](http://www.texmed.org/legislature).

Need help setting up a meeting with your legislator? Contact your local CMS Executive or [email a TMA staff member](#).



## ALLIANCE ARTS

[Alliance Arts](#), a TCMA Enrichment group focused on arts and education, will have in-person, socially distanced events Winter/Spring 2021. Please email Carrie Conner at [carrieconnercpa@gmail.com](mailto:carrieconnercpa@gmail.com) if you want to participate.

Alliance Arts events may not be included in the TCMA newsletter because the maximum group size is generally limited to 10 participants due to COVID-19 restrictions, and have a shorter notice period. Therefore, if you want to participate with this fun new enrichment group, let Carrie know.

Fall Alliance Arts events included a tour of ACL Live downtown followed by lunch at Trace. We also enjoyed Yoga in the Umlauf Sculpture Garden and a stop at Biscuits and Groovy food truck. Both followed essential safety protocol and were an incredible time! I hope

you will join us in 2021.



ACL Live Tour  
Sculpture Garden

Yoga in the Umlauf



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[www.tcmalliance.org](http://www.tcmalliance.org) 

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