

Travis County Medical Alliance <webmaster@tcmalliance.org>

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## TCMA Vital Signs October 14, 2024

To Deneitra Hutchison <denny@wadealliance.com>

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# TCMA Vital Signs October 14, 2024



## **Upcoming Events**

**December 6: Holiday Luncheon at Tarry House**

**October: TCMA Membership Renewal Drive**

**October 15: General Meeting**

**October 16: Mah Jongg**

**Oct 21 - Nov 1: Early Voting**

**October 23: Book Review**

**October 27: TCMS Trunk-n-Treat**

**November 2: HopeFest '24 - Hard Hats for Little Heads Volunteer  
Shifts**

**November 5: ELECTION DAY**



# October General Meeting



**TCMA GENERAL MEMBERSHIP MEETING**  
**Evening Meeting & Let's Talk Estate Planning**

Tuesday, October 15  
6-7:30 pm  
1504 Northwood Road (78703)  
Home of Carrie Conner

Appetizers will be served  
RSVP by Friday, October 11  
\$10 Per Person  
*Use payment link provided*

Guest Speaker: Sara Atkins, Akinc Law

Many people devote more time for planning a vacation than they do for creating a solid estate plan guaranteed to protect loved ones and for distributing assets upon death. Get the intel on wills, trusts, tax considerations and more plus the steps to make it happen.

\*\*\*\*\*  
For Questions/Info Contact Carrie Conner 210.241.6583, [carrieconnercpa@gmail.com](mailto:carrieconnercpa@gmail.com)

**RSVP & Pay**

[September General Meeting Minutes \(draft\)](#)

[October General Meeting Agenda](#)



**It's officially**

 **MEMBERSHIP RENEWAL SEASON** 

Watch your email inbox for a notice from TMAA (the State-wide Medical Alliance).

Your Travis County and TEXPAC dues are all included in this one renewal.

Didn't receive the email notice? You may have signed up for the super convenient auto-renewal service last year. Thank you for being a part of the TCMA family!



# Mah Jongg

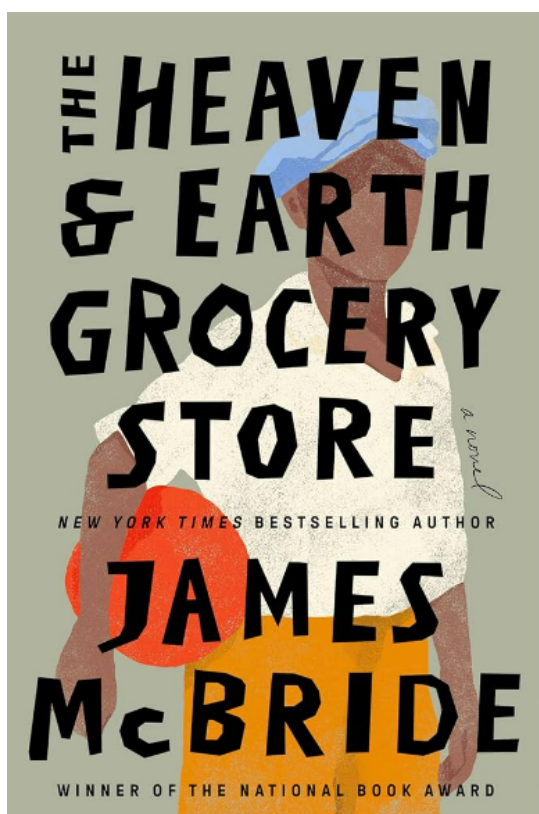


**October 16**

This lively, long-standing group of the TCMA invites seasoned and new members to join them on the 1st & 3rd Wednesdays of each month for this ancient Chinese strategy game.

Contact host **Deborah Jones** for details.





## **Book Review**

### **The Heaven & Earth Grocery Store**

**by James McBride**

*reviewed by Beth Schlechter*

**October 23**

Host TBA

[TCMA Book Review](#)





# 4th Annual TCMS Trunk-n-Treat

Sunday, October 27; 3-5pm

Riverbend Church Student Center (indoors)  
4214 Capitol of TX Hwy, Austin



**There are two ways to enjoy this event:**

1. Bring your costumed goblins to this "spirited" family Halloween event. Your family will walk to decorated tables to gather treats, play games and enjoy a bounce house.
2. Decorate a table and hand out treats to the physicians and their families.

**RSVP**



**HARD HATS FOR LITTLE HEADS**

**TCMA Volunteer Opportunity**

TCMA will be hosting a **HARD HATS FOR LITTLE HEADS** free bike helmet distribution booth at HopeFest '24 on November 2. We have over 200 kids helmets to fit/distribute

in two shifts: **8:30am-12:30pm and 12-4pm.**

[Please sign up to volunteer today.](#) This is a perfect opportunity for members and families (with kids over 14 yrs) to serve together.

# HopeFest '24

FESTIVAL DE ESPERANZA

[www.hopefestaustin.org](http://www.hopefestaustin.org)

With Special Support from Superior Health Plan



## Northeast Early College High School

Saturday, Nov. 2, 2024 9:30 am - 3 pm

A Family Festival / Un Festival Para La Familia

FREE / GRATIS

- |                                      |   |
|--------------------------------------|---|
| • Health, Dental & Vision Screenings | • Chequeos de la Salud, Dentales y Visión |
| • Flu & COVID Shots                  | • Las vacunas de gripe y COVID            |
| • Medical Insurance Help             | • Ayuda con el Seguro Médico              |
| • Education Fair                     | • Feria de Educación                      |
| • Employment Assistance/Job Fair     | • Ayuda para Conseguir Trabajo            |
| • Children's Clothing                | • Ropa de Niños                           |
| • Free Children's Books              | • Libros para Niños                       |
| • Live Music, Games, Food            | • Musica en Vivo, Juegos Comida           |
| • Ponies, Petting Zoo                | • Ponis y Animales                        |
| • Car/Motorcycle Exhibition          | • Exposición de Autos y Motocicleta       |
| • Free Food, Bikes & Helmets*        | • Comida, Bicicletas y Cascos Gratis*     |

\*limited quantities

\*cantidades limitadas

For Information, Call / Para Más Información, llame al 653-4935 or e-mail [hopefest@austinvoices.org](mailto:hopefest@austinvoices.org)



[Sign Up Here](#)

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**TUNED TO HEALTH**

NOVEMBER 3, 2023 @ 7 PM

A Musical Celebration Benefiting the

Headliner: Los Texmaniacs featuring Augie Meyers

Volunteer Healthcare Clinic

*the*  
**ABGB**  
AUSTIN BEER GARDEN BREWING CO

**Tickets are now available for VHC's 'Tuned to Health' Musical  
Benefit!**

**Friday, November 1st at The ABGB**

**Early Bird Ticket Price: \$25**

Join us for a fun evening of great music, food & company. Raffle tickets will be available at the event for some terrific gift baskets just waiting to be won by some lucky attendee.

You will have the option to bid on a bajo quinto 10-string guitar signed by last year's headliner, Max Baca & Los Tex Maniacs and Augie Meyers, a founding member of the Texas Tornados, so it is a real collector's item.

Individual & Business Sponsorship packages available.

[Sponsorship Options and Tickets Here](#)



# Week **\*in\*** Pictures



Did you know that TCMA raised funds to create a UT Endowed Nursing Scholarship back in the early 1990's?

***Fast forward:*** The Alliance recently received a ***"Thank You"*** letter from this year's recipient of that \$2500 scholarship, Rachel Hernandez.

Thanks to our generosity, other scholarships and her hard work, she will be graduating with her BSN from UT Austin in December 2024 (debt free)! Rachel is the President of the Hispanic Nursing Students Association (HNSA) and is proud of their commitment to giving back to the under-served community around Austin.







## Vital Signs Submissions

Please submit event/enrichment/meeting content to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

### To submit information/content:

Share within the body of the email or attach a Word document (**.doc**) file.

Attach images (**JPEG, PNG or PDF**) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.





We want you to share your event and enrichment pictures on Social.

Please send photos and description to Janet Winton,

[VP-communication@tcmalliance.org](mailto:VP-communication@tcmalliance.org)

And don't forget to visit/like/tag/share our

[Facebook](#) and [Instagram](#) pages.


**Follow Us**





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