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## TCMA Vital Signs September 30, 2024

To Deneitra Hutchison <denny@wadealliance.com>

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# TCMA Vital Signs September 30, 2024



## **Upcoming Events**

**Save the Date:** December 6 Holiday Luncheon

**October 2:** Mah Jongg

**October 7:** Last Day to Register to Vote

**October 8:** Executive Board Meeting

**October 10-12:** The Business of Medicine Conference

**October 15:** General Meeting

**Oct 21 - Nov 1:** Early Voting

**October 23:** Book Review

**October 27:** TCMS Trunk-n-Treat

**November 2:** Hard Hat Distribution - **VOLUNTEER EVENT**

**November 5:** ELECTION DAY

**NOVEMBER 5. ELECTION DAY**



## **October General Meeting**

A decorative border of various pumpkins in shades of orange, white, and yellow surrounds the central text box.

**TCMA GENERAL MEMBERSHIP MEETING**  
**Evening Meeting & Let's Talk Estate Planning**

Tuesday, October 15  
6-7:30 pm  
1504 Northwood Road (78703)  
Home of Carrie Conner

Appetizers will be served  
RSVP by Friday, October 11  
\$10 Per Person  
*Use payment link provided*

Guest Speaker: Sara Atkins, Akinc Law

Many people devote more time for planning a vacation than they do for creating a solid estate plan guaranteed to protect loved ones and for distributing assets upon death. Get the intel on wills, trusts, tax considerations and more plus the steps to make it happen.

\*\*\*\*\*  
For Questions/Info Contact Carrie Conner 210.241.6583, [carrieconnercpa@gmail.com](mailto:carrieconnercpa@gmail.com)

**RSVP & Pay**

[September General Meeting Minutes \(draft\)](#)



# Mah Jongg



**October 2**

This lively, long-standing group of the TCMA invites seasoned and new members to join them on the 1st & 3rd Wednesdays of each month for this ancient Chinese strategy game. Please contact host Deborah Jones for info.





## **Book Review**

**The Heaven and Earth**

**Grocery Store**

**by James McBride**

*reviewed by Beth*

*Schlechter*

**October 23**

Host TBA

**[TCMA Book Review](#)**



# 4th Annual TCMS Trunk-n-Treat

Sunday, October 27; 3-5pm

Riverbend Church Student Center (indoors)  
4214 Capitol of TX Hwy, Austin 78746





**There are two ways to enjoy this event:**

1. Bring your costumed goblins to this "spirited" family Halloween event. Your family will walk to decorated tables to gather treats, play games and enjoy a bounce house.
2. Decorate a table and hand out treats to the physicians and their families.

**RSVP**



**Volunteers Needed**



**Save the Date: Saturday, November 2**

**HopeFest 2024 ~ AISD Nelson Field**

Volunteers needed for Hard Hats for Little Heads bike helmet distribution event. TCMA has over 200 free helmets to fit and give away.

Details and SignUp Genius volunteer link coming soon.



## Mark Your Calendar: TMAA Fall Gathering

If you're joining your spouse for [TMA's Business of Medicine Conference](#) Oct. 10-12 in San Antonio or are looking for a chance to gather with fellow alliance members, be sure to put TMAA's offerings on your agenda. On Friday, Oct. 11, TMAA will offer panel discussions on advocacy and membership, plus a social activity.

The membership panel will feature winning tips for recruiting and retaining members from the Tarrant County alliance, recipient of the Durham Membership Award at ALLMED. Other panelists will discuss targeted membership strategies.

In addition to the activities open to all alliance members, TMAA's Board of Directors, Nominating and ALLMED committees, and TEXPAC board members will meet during the weekend. Check the [TMAA website](#) for more details. TMAA events are offered at no cost though you need to [register through TMA](#) so you'll have access to TMA and TMAA activities. And be sure to [reserve your hotel](#) by Sept. 18 to receive the conference rate.

To learn more details and register, visit: <https://www.texmed.org/BMC>

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**TUNED TO HEALTH**

NOVEMBER 3, 2023 @ 7 PM

A Musical Celebration Benefiting the

Volunteer Healthcare Clinic

Headliner: Los Texmaniacs featuring Augie Meyers

*the*  
**ABGB**  
★  
AUSTIN BEER GARDEN BREWING CO

**Tickets are now available for VHC's 'Tuned to Health' Musical  
Benefit!**

**Friday, November 1st at The ABGB**

**Early Bird Ticket Price: \$25**

Join us for a fun evening of great music, food & company. Raffle tickets will be available at the event for some terrific gift baskets just waiting to be won by some lucky attendee.

You will have the option to bid on a bajo quinto 10-string guitar signed by last year's headliner, Max Baca & Los Tex Maniacs and Augie Meyers, a founding member of the Texas Tornados, so it is a real collector's item.

Individual & Business Sponsorship packages available.

[Sponsorship Options and Tickets Here](#)



## Week \*in\* Pictures



### **Chic Ladies Birthday Brunch**

was held on September 19, at Kerbey Lane in Westlake.

Together we celebrated our members with

August, September and October birthdays.

The next birthday celebration will be in January 2025.





**Bayardo Hispanic Nursing  
Scholarship Recipients attend  
Texas Exes Scholarship Dinner**



*(with Karen Teneriello, far left)*

**Alizia Gonzales** *(left, next to Karen)*

Freshman, interested in ICU Nursing and serving as a nurse on mission trips.

**Clarissa Martinez** *(right)*

First generation student. Graduated Cum Laude with AA from SWT Junior College.

**Michelle Noriega** *(middle)*

Junior with long range goal to acquire her Masters and become a nurse practitioner.

**Arleen Gomez** *(not pictured)*

earned an AS in Biology from South Texas College and is pursuing a nursing

degree.

A woman with braided hair, smiling, holding a sign that says "VOTE 411" and "ELECTION INFORMATION YOU NEED" with the website "LWVTEXAS.ORG" below it.

**Today is a great day  
to check your voter  
registration!**

**LWV** LEAGUE OF WOMEN VOTERS'  
OF TEXAS

## **Last Chance to Check Your Voter Registration Status and Get Registered**

When was the last time you checked your voter registration? You need to update your registration if you've changed your name or address, but you should also double check your voter registration before every election just to make sure everything is correct!

Visit [VOTE411.org](https://VOTE411.org) to check your voter registration today!



## Vital Signs Submissions

Please submit event/enrichment/meeting content to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

### To submit information/content:

Share within the body of the email or attach a Word document (**.doc**) file.

Attach images (**JPEG, PNG or PDF**) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.





We want you to share your event and enrichment pictures on Social.

Please send photos and description to Janet Winton,

[VP-communication@tcmalliance.org](mailto:VP-communication@tcmalliance.org)

And don't forget to visit/like/tag/share our

[Facebook](#) and [Instagram](#) pages.


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