

Travis County Medical Alliance <webmaster@tcmalliance.org>

10/21/2024 8:00 AM

TCMA Vital Signs October 21, 2024

To Deneitra Hutchison <denny@wadealliance.com>

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## TCMA Vital Signs October 21, 2024



## **In This Edition**

**December 6: Holiday Luncheon at Tarry House**

**October:** TCMA Membership and Annual Fund Drives, ongoing

**October 21:** Early Voting Begins

**October 23:** Book Review

**October 27:** TCMS Trunk-n-Treat

**November 2:** HopeFest '24 - **Volunteer** for Hard Hats for Little  
Heads

**November 5:** **VOTE**

**November 6:** Mah Jongg

**November 10:** Membership Event - Texas Stars Hockey Game

**November 14:** Chic Ladies



**It's Officially**

 **MEMBERSHIP RENEWAL SEASON** 



Have you renewed your TCMA Membership? Check your email inbox for renewal notices and links. We are also looking to GROW our membership, so invite a PLUS ONE (another current member, lapsed member, new member or prospective member) to our next TCMA event. We are better together!

...and what better way to get together than to attend

### **Texas Stars Hockey - Military Appreciation Night**

Join other TCMA members and their families for a Texas Stars Hockey game on Sunday, November 10 at 5pm. The first 10 members to RSVP will be hosted by TCMA and get in **FREE**. Enjoy the game and be sure to thank the many TCMA/  
TCMS

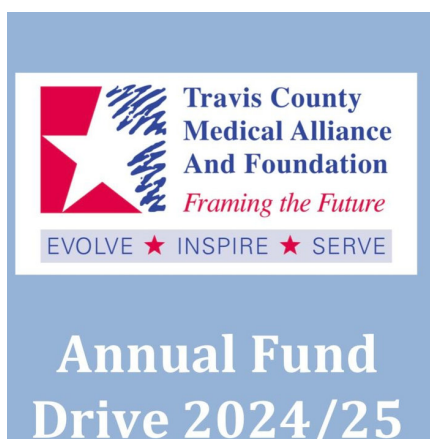
veteran physicians and spouses who served our country.

Watch for more details and the official RSVP link in next week's Vital Signs.



## Annual Fund Drive - Bridging the Gap to a Healthier Austin

Look for the campaign letter in your mailbox and email inbox this week



For close to 100 years, the Alliance Foundation has raised funds to help local non-profits provide critical medical services, education and supplies that benefit the greater Austin community. Your tax-deductible gift helps us make a difference in the greater Austin community. Look for donation guide and payment options later this week.



# HARD HATS FOR LITTLE HEADS

## TCMA Volunteer Opportunity

[Sign Up Here](#)



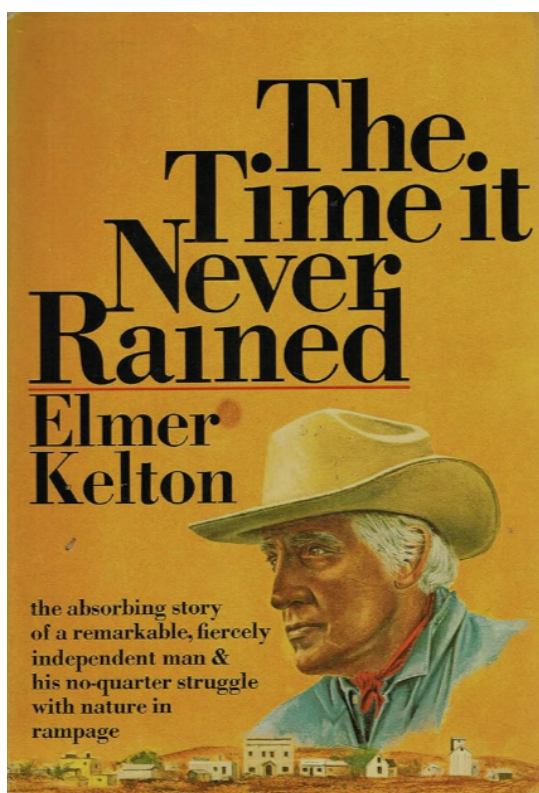


TCMA will be hosting a **HARD HATS FOR LITTLE HEADS** free bike helmet distribution booth at HopeFest '24 on November 2. We have over 200 kids helmets to fit/distribute

in two shifts: **8:30am-12:30pm and 12-4pm.**

[Please sign up to volunteer today.](#) This is a perfect opportunity for members and families (with kids over 14 yrs) to serve together.





## Book Review

October 23

**The Time it Never Rained**

by Elmer Kelton

*reviewed by Peggy Russell*

**Host:** Peggy Seaquist

(512-426-3168)

2602 Velasquez Drive, Austin

**TCMA Book Review**



## Mah Jongg



**November 6; 11:30am**

Bring a bagged lunch or snack;  
Drinks provided.

**Home of Paula Coopwood**

RSVP to:

[paulacoopwood@gmail.com](mailto:paulacoopwood@gmail.com)

or call 512-431-7445 for details



# **Chic Ladies Trunk Show**

**November 14**



**L I E V E .**  
**FOREVER PIECES. *for* EVERY DAY.**

WELCOME TO LIEVE!

THIS IS A TCMA EXCLUSIVE TRUNK SHOW COORDINATED BY THE CHIC LADIES OF TCMA,  
FEATURING THE NEWLY LAUNCHED LIEVE.

WE ARE A NEW BRAND, OFFERING THOUGHTFULLY CRAFTED CONVERTIBLE CLOTHING PIECES.

OPEN TO ALL TCMA MEMBERS!

COME SHOP  
LIEVE FW24 WOMEN'S COLLECTION  
PORTION OF SALES WILL GO BACK TO TCMA FOUNDATION

THURSDAY, NOVEMBER 14, 2024

AT ELEVEN IN THE MORNING TO TWO O' CLOCK

COME AND GO & BRING FRIENDS

HOSTED BY KATHY DOWNIE

4605 COLORADO CROSSING

AUSTIN, TEXAS 78731

DON'T MISS THE STYLE SHOW AT 11:30 WITH OUR  
VERY OWN TCMA PAST PRESIDENTS!

EMAIL LARA NORRIS AT [LARISALEE1968@AOL.COM](mailto:LARISALEE1968@AOL.COM) TO RSVP.

*we look forward to seeing you*

*Lieve Factor*





# 4th Annual TCMS Trunk-n-Treat

Sunday, October 27; 3-5pm

Riverbend Church Student Center (indoors)  
4214 Capitol of TX Hwy, Austin



**There are two ways to enjoy this event:**

1. Bring your costumed goblins to this "spirited" family Halloween event. Your family will walk to decorated tables to gather treats, play games and enjoy a bounce house.
2. Decorate a table and hand out treats to the physicians and their families.

**RSVP**



**Week \*in\* Pictures**



"HAT TIP" to Carrie Connor, VP of Programming and the

TCMA FAMILY OF MEDICINE.



During the October 15 General Meeting, members received pointers on estate planning from attorney Sarah Atkins along with Alliance updates from our President.





## Vital Signs Submissions

Please submit event/enrichment/meeting content to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

### To submit information/content:

Share within the body of the email or attach a Word document (**.doc**) file.

Attach images (**JPEG, PNG or PDF**) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.





We want you to share your event and enrichment pictures on Social.

Please send photos and description to Janet Winton,

[VP-communication@tcmalliance.org](mailto:VP-communication@tcmalliance.org)

And don't forget to visit/like/tag/share our

[Facebook](#) and [Instagram](#) pages.


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4300 North Lamar Boulevard  
Austin, TX 78756

512-206-1270

www.tcmalliance.org 

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