



TCMA Vital Signs January 6, 2025

In this Edition

TCMA calendar available [on website](#)

January 8: TMA Webinar - Priority Issues for the 2025 Legislative Session

January 9: Tenth Biennial Legislative Reception

January 22: Book Review Club

February 4: TMA First Tuesdays at the Capitol

February 12: Membership Dinner & Dancing Event

February 18: General Meeting



TCMA Foundation is excited to announce our **2025 Community Service Grant Awardees**. All of these amazing non-profit partners serve the local central Texas community and help us to achieve our shared mission of Bridging the Gap to a Healthier Austin. We are kicking off our Annual Fund Drive holiday giving campaign, please join us and "Share the Gift of Health" this holiday season.

2025 Grantees: Austin Speech Labs, Diabetic Food Box/Saint Louis Food Panty, Health Alliance for Austin Musicians, Hope Clinic, Lirios Pediatrics, Memory Caregiver Academy of Austin, Saint Louise House, TCMS Physician Wellness Program & Volunteer Healthcare Clinic. Alternate: Austin Center for Grief and Loss



TCMA Foundation Annual Fund Drive

Bridging the Gap to a Healthier Austin

Sustainer

Leader Pirate Legacy Fund
Sarah and Ernest Butler Family
The Foster Family

Champion

Ramsey Ashour and Rasha Madkour

Hero

Michael Andreo and Melanie Collins
Dr. and Mrs. Rob Cowan
Doug and Amber Elenz
Alison and Mark Queralt
Patricia A. Wallis

Ambassador

Margene Beckham
Dr. & Mrs Sean Blaydon
Dr. and Mrs. Jack Carsner
Kimberly Carter
Cathy and Hugh Collins
Dr. Richard and Martha Coons
Dr. & Mrs. James R Cullington
Sandy Dunn and Paul Harford
Arnold & Christina Fenrich
Greg Gottsacker and Dr. Erin Murphy
John Hudson
Janie Julian
Elaine and Michael Kasper
Megan Kielt Kressin, MD
Kay and Tom McHorse
Shannon and Jeff McNeil
Lara and Robert Norris
Beth and Kevin O'Farrell

Beth and Bob Schlechter

Maryann & Brian Sayers

Beth and Bob Schlechter

Second Edition, LLC

Joe and June Spann

Phyllis Tate, in memory of Dr. Robert A. Tate

Kathy and Zoltan Trizna

Carla Wilkenfeld

Belda Zamora, MD

Contributor

Dr. Kelly and Mrs. Nicole Alberda

Dr. Carolyn Biebas

Byron and Mary Darby

Edie Finch

Charlotte and Sonny Haro, M.D.

Deneitra Hutchinson

Jeni & Gus Lowry

Kathy Thorstad

Please consider making your tax-deductible gift before the end of 2024.

Donate Now



TCMA GENERAL MEMBERSHIP MEETING

Mastering Mindfulness Techniques

Tuesday, February 18

11:45-1:15 pm

3902 Petra Path (78731)

Home of Beth O'Farrell

Lunch will be served

RSVP by Friday, February 14

Email CarrieConnerCPA@gmail.com

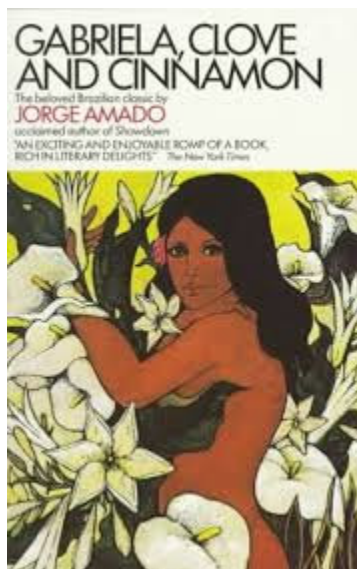
Fee \$0.00

Guest Speaker: Laura Dunworth

Laura will share her powerful and proven techniques to release tension, stress and anxiety, along with steps to improve sleep and connect our emotional state and physical health.

www.lauradunworth.com

For Questions/Info Contact Carrie Conner
210.241.6583, carrieconnercpa@gmail.com



Book Club Review

January 22, 2025; 10am

Gabriela, Clove, & Cinnamon

by Jorge Amado

Reviewed by Kathy Trizna

at the home of

Sharon Kronberg



Save The Date

02.12.2025

6:30-10:00 pm

*Dinner at
Matt's El Rancho
Dancing at
Broken Spoke*

TRAVIS COUNTY
MEDICAL ALLIANCE
CONTACT EDIE
FINCH FOR INFO

ediefinch@icloud.com

Sunset at the Station

Celebrating the Family of Medicine &
benefiting the Travis County Medical Alliance Foundation's
2025 Community Service Grant Awardees

Thursday, April 3, 2025 * Springdale Station, Austin TX * 6:30-10:30pm

Sponsorship Levels & Benefits

Presenting Sponsor \$10,000

- Minimum of 6 social media mentions
- Event tickets for 10 guests, including dinner and open bar
- Name and logo recognition on event invitation, signage, website and community outreach
 - Verbal recognition from event night EMCEE
- Name and logo recognition in ongoing TCMA member communications
- Name and logo recognition in minimum of 4 TCMS member communications

Band Sponsor * Bar Sponsor * Photo Booth Sponsor \$7500 each

- All Gold Benefits
- Event tickets for 8 guests, including dinner and open bar
- Specialty Signage at Band Stage, on Bars (2), or as Frame on Photo Booth photos
- Name and logo recognition in minimum of 2 TCMS member communications

Gold Sponsor \$5000

- Minimum of 4 social media mentions
- Event tickets for 6 guests, including dinner and open bar
- Name and logo recognition on event signage and website
- Name and logo recognition in minimum of 3 TCMA communications

Silver Sponsor \$2500

- Minimum of 2 social media mentions
- Event tickets for 4 guests, including dinner and open bar
- Name and logo recognition on event signage and website
- Name and logo recognition in minimum of 2 TCMA communications

Bronze Sponsor \$1000

- Minimum of 2 social media mentions
- Event tickets for 2 guests, including dinner and open bar
 - Name recognition on event signage and website
- Name recognition in minimum of 2 TCMA member communication

Interested in Sponsoring? Contact Debbie Chilton at
vp-financialdevelopment@tcmalliance.org or 512-426-9780

Sponsorship Forms are available for our 2025 Party with a Purpose, Sunset at the Station. Please forward any corporate and/or service company potential sponsorship leads to Debbie Chilton at vp-financialdevelopment@tcmalliance.org.



TMA Webinar: Priority Issues for the 2025 Legislative Session



Mark your calendar for Wednesday, **January 8 at 6pm** to learn how TMA's Council on Legislation identified its priority issues for the 2025 legislative session; what it plans to accomplish; and how you can help advocate for your profession.

Join your colleagues across the state via **Zoom** for the webinar.

[Save this link.](#)



Tenth Biennial Legislative Reception

Thursday, January 9, 2025, 6:30-8:30pm

at the home of Dr. Pradeep and Rushmi Kumar

The TCMA, along with the TCMS, is planning the Tenth Biennial Legislative Reception honoring our 17 Central Texas legislators. From its inception 20 years ago, this event - held every other year at the start of the legislative sessions - has received accolades from both the TMAA and Texas legislators. Its goal is to kick-off the 89th Legislative Session on a positive note. Alliance Board members and Capitol Watch Committee members are asked to attend. Alliance members with an interest in advocacy and First Tuesdays are also invited. You can even support the event behind the scene by donating food, beverages and a floral centerpiece.

For more information, please contact event chair Julie Cowan:

jscowan@aol.com or 512-659-8593.



The Texas Legislature meets every odd-numbered year for 140 consecutive days and will convene again Jan. 14, 2025. Legislators need to hear from you – their physician, medical student, and alliance constituents – during the session to understand how proposed legislation can potentially impact the practice of medicine in Texas.

Mark your calendar for 2025 First Tuesdays at the Capitol.

- **February 4**
- **March 4 (TMA Alliance and Young Physician Month)**
- **April 1 (TMA Medical Student and Resident Month)**
- **May 6**

Sponsored By TMA Alliance and TMA



Vital Signs Submissions

Please submit event/enrichment/meeting content to Deneitra (denny@wadealliance.com) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

To submit information/content:

Share within the body of the email or attach a Word document (.doc) file.

Attach images (JPEG, PNG or PDF) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.





We want you to share your event and enrichment pictures on Social.

Please send photos and description to Janet Winton,

VP-communication@tcmalliance.org

And don't forget to visit/like/tag/share our

[Facebook](#) and [Instagram](#) pages.

Follow Us



4300 North Lamar Boulevard Austin, TX 78756
512-206-1270

www.tcmalliance.org 