

Vital Signs 1-29-2017

1 message

TCMA <patriciaawallis@gmail.com> To: Wallis Patricia <patriciaawallis@gmail.com> Sun, Jan 29, 2017 at 2:29 PM

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Travis County



Medical Alliance

WHAT'S COMING UP: <u>February 7 - First Tuesday</u> <u>February 9 - Saint Louise House cooking</u> <u>February 11 - Kids Care Club</u> <u>February 14 - Member Seminar</u> <u>February 24 - Wonders and Worries event</u> <u>March 2 - Saint Louise House cooking</u> March 4 - Party With A Purpose

Click on an event to read more!

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PARTY WITH A PURPOSE

The gala committee is planning a fun 80s-themed night to benefit the TCMA Foundation grant recipients. We have plenty of room at The Belmont and a super fun band. Please invite friends, prospective members, physicians and/or spouses or significant others in your spouse's groups. Increasing the number of guests is a goal this year.

Go online and purchase your tickets today!

SAVE THE DATE!

Travis County Medical Alliance

Party with a Purpose

Saturday, March 4th at the Belmont

> Brought to you by: **Covert Hutto** Ford Tord

Featuring live music from LC-ROCKS Fund a need www.tcmalliance.org for more information

Benefittin*ģ*.

. Casa Marianella











Hospice Austin

And the volunteer activities of the

Travis County Medical Alliance

THANK YOU TO OUR

Party with a Purpose SPONSORS!

"To the Max" Platinum Sponsor- \$10,000 Covert Hutto

"Righteous" Gold Star Sponsor- \$5,000 Capitol Anesthesiology Association Austin Cancer Center Travis County Medical Society Austin Radiological Association Austin Regional Clinic St. David's Healthcare and St. David's Foundation Seton Healthcare Family Austin Area Obstetrics and Gynecology Clinical Pathology Associates

"Awesome" Silver Star Sponsor- \$2,500 Medical Studies Abroad Austin Anesthesiology Group Austin Gastroenterology Late European- Bentley Austin, Rolls-Royce Motor Cars Austin, Aston Martin of Austin, Lotus of Austin

"Radical" Rising Star Sponsor- \$1,000 Texas Medical Association Insurance Trust Wellness Brain and Spine Bozic Family Fund of the Austin Community Foundation

> "Totally" Bright Star Sponsor- \$500 Texas Oculoplastic Center Eye and Face Broadway Bank Eye Institute of Austin Eye Physicians of Austin Texas Fertility Center Frost Bank University Federal Credit Union

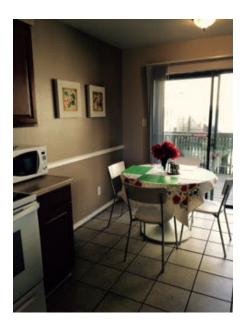
> > Star Sponsor- \$250 Balcones Pain Consultants Austin Retina The Urology Team Continental Automotive Group TCMA Book Review Club



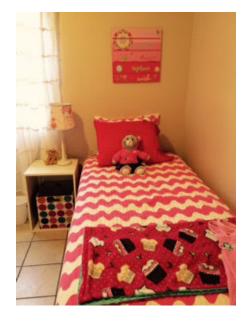
Community Service News

Our TCMA members worked hard, but had fun setting up an apartment for Saint Louise House this week.

They set up the apartment from start to finish! Doing everything from cleaning, organizing and finally decorating. The ladies pulled together to make this apartment feel like home for a mom and her three daughters. Special thank you to Shelly Ozdil for making the family blankets, and to all our generous members for donating household items! The Saint Louise House is a very special organization in Austin that provides single mothers and their children homes and comprehensive support services to help them become self sufficient.







KIDS CARE CLUB VALENTINES TOY DRIVE EVENT

to benefit Austin Children's Shelter

Clean out your kids rooms and find some toys to donate to Austin Children's Shelter!

Bring your gently used toys, and the kids will decorate Valentines Day Cards to donate.

It's a great way to start the year! Bring your kids, have some fun, and show them the importance of giving back in the community.

> Date: Saturday February 11th from 10:00-12:00

Meet at Trianon Coffee 3201 Bee Cave Rd. Austin 78746 512 328-4033

RSVP to Wendy Propst at wendywpropst@gmail.com

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MEMBER SEMINAR SERIES 2017 presents Shelley Pernot author of Running on Empty: The Irreverent Guru's Guide to Filling up with Mindfulness

2/14/17 11:30-12:30 TCMS Board Room, 4300 N Lamar Blvd

Join us for a fun, interactive session on basics of meditation for everyday life. Learn stress-relieving breathing exercises, mindfulness techniques and more. Come as you are; no yoga mat required!

WONDERS AND WORRIES

Grab your mask and beads to celebrate 15 years of exemplary work at the 2017 Wonders & Worries Unmasked – Mardi Gras Masquerade! Attracting more than 450 guests, this rousing event includes cocktails, dinner, a live auction and entertainment.

Unmasked will be held **Friday, February** 24, 2017, from 7 p.m. – 12 a.m. at the JW Marriott in Austin. Seating is limited. View photos from Unmasked 2016 and save a table today! Donate a raffle item or purchase tickets below.





2016-17 ANNUAL FUND DRIVE

The 2016-17 TCMA Annual Fund Drive is underway and off to a great start! Contributions to the FundDrive support the philanthropic endeavors of the Alliance and directly impact the lives of those in need in our community. Visit the TCMA website and click on "Annual Fund Drive" under the Philanthropy heading for more information and to make your donation today!

Many thanks to the following donors to the 2016-17 Annual Fund Drive:

Partner (\$1,000 - \$1,499) Sarah and Ernest Butler Tera Ferguson and Douglas Rivera Gold (\$500 - \$999) Vickie and Guy Blumhagen Julie and Rob Cowan Berenice and Jason Craig Daniel and Ashleigh Emmett Dr. Brannon and Kelly Hyde Karen and Stanley Kim Michelle and Tuan Nguyen Associate (\$250 - \$499) Toni and Paul Burns Cathy and Hugh Collins Carrie and Chance Conner

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> FIRST TUESDAYS AT THE CAPITOL STARTS

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FEBRUARY 7

It's time to bring out Texas medicine's strongest weapon during the 85th Texas Legislature - YOU!

Medicine has an <u>ambitious agenda</u> for this session. But our senators and representatives listen when their hometown doctors and alliance members appear en masse in their offices. The White Coat Invasion has been the key to physicians' successes in the Texas Legislature since the inception of <u>First Tuesdays at the Capitol in 2003</u>.

Register now to join the Family of Medicine in Austin as lobbyist for a day on these First Tuesdays: February 7, March 7, April 4, and May 2, 2017. The March 7 event is designated the Alliance First Tuesday with a special alliance reception on Monday, March 6, 5:30 - 7 pm at the TMA building.

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4800 North Lamar Boulevard Austin, TX 78756 www.tcmalliance.org → 512-206-1124	

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