
TCMA Vital Signs for August 15, 2016

1 message

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To: Wallis Patricia <patriciaawallis@gmail.com>

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Travis County



Medical Alliance

WHAT'S COMING UP:

[August 18 - noon to 5 - Visit the N Lamar Chipotle to benefit VHC](#)

[August 24 - Book Review](#)

[August 30 - Austin Adventures](#)

[September 20 - General Meeting](#)

Click on an event to read more!



HUNGRY TO HELP?

If you're in the mood for a quick snack, please see the info below and help do some good for one of our fellow TCMA Grant Recipients, while satisfying your hunger.

CAUSE AN EFFECT



Make dinner a selfless act by joining us for a fundraiser to support Volunteer Healthcare Clinic. Come in to the Chipotle at **4400 N. Lamar Blvd. #101** in Austin on **Thursday, August 18th** between **12:00pm** and **5:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50% of the proceeds will be donated to Volunteer Healthcare Clinic.



Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.

FIRST GENERAL MEETING

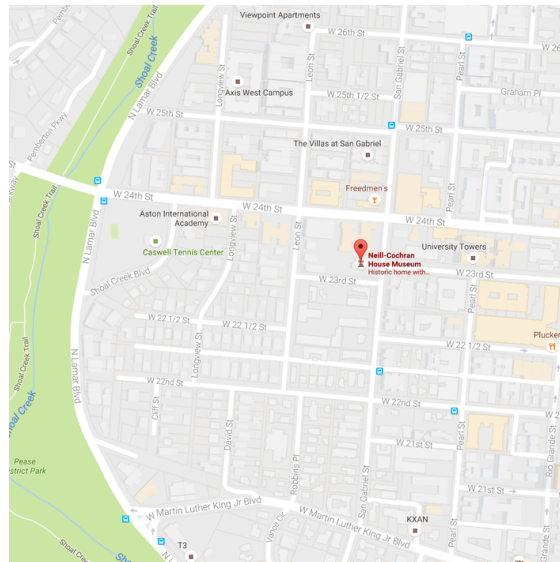
September 20, 9:30 am

Breakfast will be catered.

This historic home is in north-central Austin. Master builder Abner Cook

designed and built the house in 1855 as a suburban estate many years before the surrounding area was settled by other homes and businesses. A private tour of the museum will follow the meeting.

Parking is available behind the home.



AUSTIN ADVENTURES

Tuesday, August 30, 9:30am-1:00pm
2nd Annual Ladies Boat Day
on Lake Austin

The boat holds 10 people and 6 have RSVP'd, so don't delay if you want to come join us. This committee is a lot of work, so please be prepared to work your fingers to the bone waterskiing and soaking up some last-of-the-summer-sun.

RSVP to Cindy Nelson at
webmaster@tcmalliance.org

HAVE YOU SIGNED IN?

Be sure to sign on to the new website at
www.tcmalliance.org!

Under the "Committees" tab, you can read descriptions of the committees, check out

who has already signed up, and join a committee yourself!

Would you like a copy of the membership directory? Under the "Membership" tab, you can download the current version.

Community Service & Administrative Committees

There are several ways to connect with the greater Austin community through the Alliance and our Community Service committees. Promote literacy, support the Volunteer Healthcare Clinic and St. Louise House with hands-on volunteering. Members can also work on the gala committee to raise the funds needed to financially support our community partners.



Kids Care Club

This group consists of TMCA members and their children. It meets on an as-needed basis to provide hands-on community service opportunities as a family. Activities include: stuffing backpacks for foster children, gardening and artwork for Volunteer Healthcare Clinic and a bake sale to benefit HeartGift.
Chairperson: Wendy Propst

[Sign up for Kids Care Club](#)

[Committee Member List](#)



St. Louise House

Members of this committee meet a few times a year to support St. Louise House (they empower women and children to overcome homelessness). The support provided is in the form of hands-on activities such as setting up, furnishing and stocking the pantry for a newly arrived family, providing essential items to the residents and by cooking nutritious meals. More hands are always welcome!
Chairperson: Loren Gigliotti

[Sign Up for St. Louise House](#)

[Committee Member List](#)

KIDS CARE CLUB

The TCMA's Kids Care Club has begun already on their mission for giving back in the Austin community by helping other children get the school year started out right. The kids made healthy snack goodie bags to add to the 43 backpacks with school supplies, we made earlier this year. The backpacks and goodie bags were given away at the Healthy Kids Day with the Volunteer Healthcare Clinic. The kids also wrote encouraging notes to put inside the bags, and they had a lot of fun making them. We will have many more fun things planned for the Kids Care Club this year. Please let Wendy Propst know if you are interested in getting your kids involved at wendywpropst@gmail.com



FUN FACTS

Did you know.....that in 1990-91 the Medical Alliance (then called Auxiliary) gave Austin Community College the first endowed scholarship the college had ever received? It went to their School of Nursing.



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